



## **HONEY VIRGIN 100% ITALIAN**

### **Mono-floral honeys**

The virgin honey identifies a product which does not have undergone any heat treatment and storage in which all the natural characteristics of the honey are maximally preserved. Complete food consisting of enzymes, proteins, minerals, simple sugars, it is now often recommended as an adjunct in the treatment of minor physical alterations.

<b>Acacia</b>	Adjuvant in liver detoxification and regularisation of intestinal functions; slightly laxative.
<b>Citrus</b>	Adjuvant in treating nervous disorders and palpitations; beneficial for the heart and fatigue.
<b>Mountain</b>	Adjuvant in treating respiratory affections; antiseptic and energetic <u>useful for children in the growing phase.</u>
<b>Borage</b>	Adjuvant in calming nervousness, it has sedating and purifying properties which makes it suitable as a sweetener for tea in the evening.
<b>Chestnut</b>	Adjuvant for circulatory insufficiency, right for anaemic.
<b>Cherry-tree</b>	Adjuvant for intestinal functions; excellent diuretic.
<b>Strawberry Tree</b>	Adjuvant in urogenital problems, helps prevent prostate problems and circulation, effective for hematics.
<b>Lucerne</b>	Adjuvant before and after sport practice; energetic; recommended for liver disorders.
<b>Heather</b>	Helps in the elimination of uric acid, it is among the best urinary antiseptics, excellent tonic.
<b>Eucalyptus</b>	Adjuvant for urinary – stomach disorders; recommended in treating respiratory affections.

<b>Sunflower</b>	Adjuvant in treating light feverish states; beneficial for the metabolism in lipid alteration (cholesterol).
<b>Lavender</b>	Adjuvant where needed antibacterial properties, as well as revitalizing the skin externally on burns and wounds, good for insomnia.
<b>Lemon</b>	Adjuvant against nervousness, palpitations, insomnia, mild sedative, purifying with high vitamin C content.
<b>Fir tree</b>	adjuvant in respiratory disorders, bronchitis, asthma, excellent food supplement for stress and overexertion. Externally for dermatitis.
<b>Honey-dew</b>	Adjuvant for preventing colds and respiratory affections; balsamic and anti-phlegm.
<b>Apple</b>	Adjuvant to the efficiency of the kidneys due to its diuretic and depurative properties.
<b>Multi-Flora</b>	Adjuvant in treating colds, coughs, and pulmonary diseases; beneficial during convalescence.
<b>Rhododendron</b>	Adjuvant in rheumatic, depurative, diuretic also against gout.
<b>Rosemary</b>	Adjuvant in liver malfunctions, hepato-protective stimulates liver functions, recommended against low pressure.
<b>Clover</b>	Adjuvant in tiredness, diuretic and slightly laxative, excellent regulator for the intestine.
<b>Taraxacum</b>	Adjuvant in maintaining efficient and cleanse the liver, useful in colicisti and loss of appetite.
<b>Lime</b>	Adjuvant against insomnia and migraines; antispasmodic, it acts on the nervous system as a sedative.
<b>Thyme</b>	Adjuvant with insomnia, antiseptic, febrifuge, tonic.